

# Most Needed

What the Family Works Foodbank needs most!

## Canned foods:

- Spaghetti
- Canned meals
- Meats & fish
- Soups
- Pasta sauce
- Tomatoes
- Fruit
- Vegetables
- Baked beans
- Other tinned foods (i.e., baby food, pet food, creamed rice, coconut milk)
- Tear top cans (great for people living rough or without housing)



[octacan.org.nz](http://octacan.org.nz)

## Other Ideas

- Donate online at [octacan.org.nz](http://octacan.org.nz) in place of cans.
- Non-food items are always needed eg. toilet rolls, nappies, toothpaste, soap.
- Non-canned foods can be donated directly to the foodbank at 407 Moray Place on weekdays, or at OCTACAN on Thursday 20 June 2024, 7.30am - 2pm.

Unfortunately we are unable to accept the following items

- Rusty cans
- Unlabelled cans
- Open or used items