## Most Needed

What the Family Works Foodbank needs most!

## **Canned foods:**

- Spaghetti
- Canned meals
- Meats & fish
- Soups
- Pasta sauce
- **Tomatoes**
- Fruit
- Vegetables
- **Baked beans**
- Other tinned foods (i.e., baby food, pet food, creamed rice, coconut milk)
- Tear top cans (great for people living rough or without housing)

## Other Ideas

- Donate online at octacan.org.nz in place of cans.
- Non-food items are always needed eg. toilet rolls, nappies, toothpaste, soap.
- Non-canned foods can be donated directly to the foodbank at 407 Moray Place on weekdays, or at OCTACAN on Thursday 22 June 2023, 7.30am - 2pm.

## Unfortunately we are unable to accept the following items

- **Rusty cans**
- Unlabelled cans
- Open or used items







www.octacan.org.nz