

Thanks to the generous support of donors and funders, our services are flexible and meet the needs of the people we assist. Services are available to all, no matter age, background or faith.

Our services include:

Incredible Years

**Social
work**

YouthGrow

**Parenting
support**

Buddy
Programme

**Foodbank
& welfare
services**

**Individual
support**

Counselling

Stepping Stones

Budget
Advice

**Community
development**

**Children
& youth
programmes**

Growing Taller

*All services support our vision for a fair, just
and caring Otago community.*



Family Works services are available in regional centres across Otago.

To find out more about the programmes and services in your area, and how you can get involved, visit our website or contact:

Family Works

Presbyterian Support Centre
407 Moray Place, Dunedin 9054

t: 03 477 7116

e: familyworks@psotago.org.nz
psotago.org.nz

Safe. Strong. Connected.

Family Works supports children, young people and their families to be safe, strong and connected.

Mahi a whānau kei te tautoko nga tamaiti, taiohi me te whānau o o ratou ki te ora, ki te kaha, te kotuitui ai hoki.

Children and families

Children are at the heart of our service. The extensive experience of the Family Works team tells us that children/tamariki are healthier and happier when families/whānau function well.

Our programmes and services support parents and children to build on their strengths, develop healthy relationships and learn new skills that will help them through challenging situations.



'Thank you Family Works, you helped me to understand my son better. We can actually talk now!'

Incredible Years programme participant

Individuals

Family Works supports young adults and individuals who face short, or longer-term challenges in their lives.

Our programmes focus on building skills and resilience so that individuals can create a brighter future for themselves.

'It made me feel human again and helped me to get a job.'

YouthGrow participant



Many of our clients experience profound change in their lives, and achieve goals they had all but given up on. The outcomes of our programmes for individuals have a ripple effect, contributing to a stronger, safer Otago community.



'The Greater Green Island Community Network is an awesome initiative. In all the years I've lived here, I've never had a real conversation with my neighbours. It's been great to get to know them.'

Green Island resident

Communities

The Family Works Community Development team facilitates local initiatives, brings people together and supports collaboration for positive change.

Suburbs can be transformed into neighbourhoods when people pull together. Local events, clean up days, performances and public meetings can create safer, friendlier environments.

Community development projects support safe, strong, connected Otago communities.