Most Needed

What the Family Works Foodbank needs most!

Canned foods:

- Spaghetti
- Canned meals
- Meats & fish
- Soups
- Pasta sauce
- **Tomatoes**
- Fruit
- Vegetables
- **Baked beans**
- Other tinned foods (i.e., baby food, pet food, creamed rice, coconut milk)
- Tear top cans (great for people living rough or without housing)



- Donate online at octacan.org.nz in place of cans.
- Non-food items are always needed eg. toilet rolls, nappies, toothpaste, soap.
- Non-canned foods can be donated directly to the foodbank at 407 Moray Place on weekdays, or at OCTACAN on Friday 23 June 2023.

Unfortunately we are unable to accept the following items

- **Rusty cans**
- Unlabelled cans
- Open or used items







www.octacan.org.nz