

Most Needed

What the Family Works Foodbank needs most!

Canned foods:

- Spaghetti
- Canned meals
- Meats & fish
- Soups
- Pasta sauce
- Tomatoes
- Fruit
- Vegetables
- Baked beans
- Other tinned foods (i.e., baby food, pet food, creamed rice, coconut milk)
- Tear top cans (great for people living rough or without housing)



octacan.org.nz

Other Ideas

- Toiletry items are always needed eg. toilet rolls, nappies, toothpaste, soap, washing powder.
- Other food items e.g. breakfast cereal, jams, or snack bars can also still be donated either directly to the foodbank at 407 Moray Place on weekdays, or at OCTACAN on Thursday 19 June, 7.30am - 2pm.
- If you can't get to us, you can always donate online at Octacan.org.nz and be confident that every dollar you donate will go directly on food.

Unfortunately we are unable to accept the following items

- Rusty cans
- Unlabelled cans
- Open or used items