

Summer 2024/2025

# PEOPLE

The magazine for friends and supporters of  
Presbyterian Support Otago



Presbyterian Support  
Otago



# Ranui

Residential aged care  
[psotago.org.nz](http://psotago.org.nz)

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*Free*  
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Together  
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OUR SERVICES

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 **Family  
Works**  
PRESBYTERIAN SUPPORT  
OTAGO

## Message from our CEO

Welcome to our summer edition of People magazine. There is definitely a change in mood as the days get longer and Christmas is around the corner. At this time of year, it feels right to pause and appreciate all the wonderful people behind the work of PSO. 2024 has been a year of many changes and challenges, yet staff like Louise from Stepping Stones (page 5) and volunteers like Joy and Murray (page 7) continue to work together to make our community stronger. I loved Joy's comment about "paying back kindness", which is at the heart of a thriving community. This year, more than most, our team are grateful for the steadfast support and encouragement from our wider community – a constant reminder that we are not alone. Thank you to parishes like the Mornington Church (page 11) whose gifts continue to ease pressure and give hope to families in need. Thank you to all our Enliven residents like Maurice Hale (page 2) and parents Nicki and Craig (page 3), who trust us to build places of support, learning and connection across all stages of life.

Thank you to our wonderful neighbours - First Church, whose regular support during the tougher moments of this year has reinforced our own resilience and hope. And thank you of course to



the sponsors, donors and givers without whom we could not have met the growing need for PSO services. To all of you, we wish you a holiday season full of some of the love, kindness, connection and joy you have shared with us during 2024.

Ngā mihi

**Robbie Moginie**

Interim CEO, Presbyterian Support Otago



## Welcome Danny Hailes

We would like to extend a warm welcome to Danny Hailes, who joined our Board in September.

Danny is a qualified lawyer and has held senior roles in the meat export industry, from which he retired last year. We are very pleased to have his expertise on our Board.

Danny currently works as a consultant, and enjoys developing his rural property in Blueskin Bay, as well as being involved as an adult Buddy in the PSO Buddy Programme.

**PSO Board** (from left to right): Danny Hailes, Jessica Palmer (*Chair of Remunerations Committee*), Dave Bainbridge-Zafar, Tanya Povey (*Chair of Clinical Governance Committee*), Kerry Enright (*Deputy Chair & Acting Chair of Finance, Audit & Risk Committee*), Stephen Christensen (*Chair of the Governance Committee*), Stephanie Pettigrew (*Board Chair*), Mark Shirley, inset: Mani Malloy-Sharplin.





Holmdene resident Maurice Hale

## A twinkle in his eye

**When Maurice Hale picks up his accordion, a twinkle appears in his eye and it becomes apparent that he is in his happy place, playing tunes both familiar and traditional.**

Maurice was born in 1928 and grew up in Owaka, a beautiful spot in the Catlins. One of six children, (three brothers and two sisters), Maurice was expected to do his bit at home, be a good school student and listen to his teachers.

Once he left school, he worked in the outdoors in the bush, felling trees that would be taken by truck (with Maurice driving) to a local timber mill.

“I was happy working in the bush,” says Maurice. “Even when the weather wasn’t so nice, there was always the bush to protect you.”

Like many of his contemporaries, Maurice went to local dances, and it was there that he met his future wife, Shona.

The couple married in Dunedin at First Church of Otago, had five children – Margaret, Denise, Trevor, Bruce and Lindsay – and built a life for themselves in Owaka.

As our conversation continued, Maurice hinted at a lifelong interest - wood turning and boat building.

With a little more probing, Maurice talked about the three boats he built, one that would eventually take him and his family to Stewart Island!

“It was wooden with plenty of room, including two bunks, about 20 feet in length. It took about 12 months to build, and I launched it at Waihola.”

The incredible part of the story is that Maurice is self-taught. While his father was a carpenter, Maurice had to teach himself how to build the boat.

“I read books and knew that measurements had to be exact to make sure the boat was safe and seaworthy.” There were also trips out to sea to catch Blue Cod (a favourite of his).

Maurice is now living at Holmdene in Balclutha and is safely ensconced in his room with special mementoes around him. Hobbies, special interests and activities are all encouraged at Holmdene.

“We’re well treated here and couldn’t ask for more. The staff look after us well.”

It is towards the end of the visit that Maurice proudly talks about buying his accordion when he was a young lad and, again, is self-taught. The beautiful instrument is about 90 years old and Maurice has deft hands, bringing it to life with some wonderful tunes, all with a twinkle in his eye.

### Holmdene care home, Balclutha

Holmdene offers rest home and hospital level care for up to 35 residents. For more information please contact Holmdene Manager, Stephenie Leith, on 03 418 1468, email [stephenie.leith@psotago.org.nz](mailto:stephenie.leith@psotago.org.nz) or visit our website [psotago.org.nz/enliven](http://psotago.org.nz/enliven).



Incredible Years  
is part of our

**SKILLSBANK**



Craig and Nikki Mackay with their son Hudson

## Parenting with purpose

When Nikki and Craig Mackay step into the Family Works meeting room each week, they know they'll be surrounded by like-minded people who share a common goal of raising their children to the very best of their ability.

Nikki and Craig are currently taking part in the Incredible Years programme and both are gaining valuable information and skills.

Nikki has a background in early childhood education and what she learnt during her training is helping today. Incredible Years focuses on strengthening parenting skills and nurturing relationships through play, attention and involvement.

“The Incredible Years programme is helping us develop strategies so that we can better engage with Hudson and see him grow into a nice young boy,” says Nikki.

Hudson is 5½ and could be described as having some behavioural challenges but the Incredible Years programme is about positive parenting and focusing on good behaviour.

“Craig and I and the other parents share something in common in that we all have children and want to improve the way we parent. It's a positive experience and the group have started a group chat which is great.”

“While we want Hudson's behaviour to improve, it's up to us as parents to pave the way for that. For example, when we're sitting at the dining table we ask him how his day was at school. Rather than getting a yes or no answer, we're encouraging him to share more information. We also focus on his good behaviour rather than his not-so-good behaviour and it's clear his behaviour is improving as a result.”

The Incredible Years programme is held once a week over 14 weeks and is in a group format.

## Parenting programmes

Our Family Works team can help you with practical step-by-step suggestions for parents to handle everyday family situations. We can help with strategies for parents managing challenging behaviours across all ages, in an encouraging and supportive learning environment.

**For details on any of our Family Works services, including the Incredible Years, please get in touch.**

**Freephone** 0508 396 678

**Email** [familyworks@psotago.org.nz](mailto:familyworks@psotago.org.nz)

**Website** [psotago.org.nz/incredible-years](http://psotago.org.nz/incredible-years)

# At the heart of family harm



**An interagency approach to effectively manage family harm and violence is at the heart of what Toni Velenski does on a daily basis.**

Family Violence Interagency Response System (FVIARS) is a model focusing on reducing family harm. It is a collaborative approach where agencies and providers work together to help families who have reported family harm.

As the FVIARS coordinator, Toni works closely with multiple agencies including government and not-for-profit organisations to provide wrap-around support for whānau and individuals affected by family harm.

Covering Central Otago and the Lakes District, including Queenstown, each week selected professionals review instances of family harm and look within the community at what support or resources are available that can be put in place, if required. At the core of these reviews is the voice and privacy of the whānau, this being central to any planning or support that is provided.

Toni explains, “As privacy is a cornerstone of our work, it’s important that the information shared with the group is appropriate and discussed sensitively within the relevant legislation.”

The FVIARS model aims to achieve these long-term outcomes:

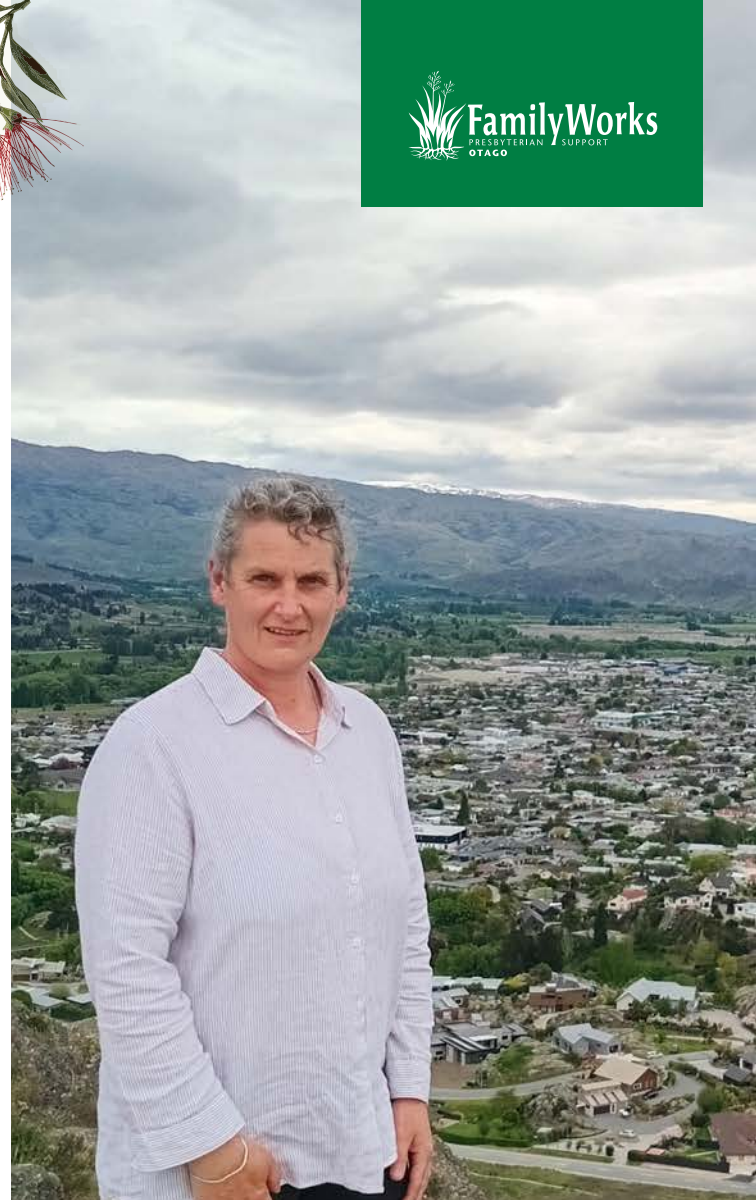
- Increased confidence to report episodes of family harm earlier
- Reduction in family harm
- Reduction in serious harm
- Reduced re-offending and re-victimisation

As well as helping whānau harmed through family harm, Toni also plays a role in highlighting that family harm occurs in all communities.

“It is typically not talked about much in public, but family harm is happening everywhere. By talking to groups, other professionals, GPs and the wider community, shining a light on the subject and how it can be dealt with is an important part of my role.”

“With the right supports in place and providing a coordinated, wrap-around service, we can bring together multiple professionals who will support whānau so they can begin to rebuild their lives.”

To contact our Family Works team please call us on freephone 0508 396 678.



## Our Family Works teams are in your local Otago communities

- Dunedin 407 Moray Place
- Central Otago Alexandra Community House, 20-40 Centennial Avenue,
- Wanaka Wanaka Community Hub, 34 McDougall St
- South Otago 14C James St, Balclutha
- North Otago 27 Coquet St, Oamaru

**To contact Family Works please call us on freephone 0508 396 678.**

**If you would like to support our services, there are details on how to donate towards making a difference at the end of this magazine.**



Members of the Stepping Stones whānau at their Oxford Street premises

## Connecting lives

Stepping into the new Stepping Stones premises can be likened to being wrapped in a warm blanket where people are made to feel safe, welcomed, and included.

The service offers adults living with severe mental health challenges opportunities to learn new skills, including arts, crafts, woodwork and cooking, and to participate in their community through activities and fundraising. Group members also have access to resources, support and opportunities to support others.

The group have moved to a new location in Oxford Street, South Dunedin and the premises offers more space for the various activities.

Team Leader, Louise Roberts, says Stepping Stones has always been a service to promote the Five Ways to Wellbeing and members reap the rewards.

“Connecting, learning, giving, being active and taking notice are all the things that are incorporated into our programme,” says Louise.

“Whether that is teaching someone how to build a bird feeder, cook a meal or going for a walk, we are promoting the five ways to wellbeing and our

members sense of self and self-determination helps them to achieve and maintain wellness and feel connected with their wider community.”

The Oxford Street site has a large kitchen, a dedicated woodwork area and space outside for outdoor seating and activities. The increased space allows members to have time to themselves, to talk privately or participate in mindfulness and relaxation.

“We also have an annual camp and day trips, and the group will hold market days, selling things they’ve made to help fundraise for these activities. This provides opportunities for members to contribute in a meaningful way, connect with each other and the wider community, and challenge themselves. It can also just be to have fun!”

### Stepping Stones

Stepping Stones meet Mondays, Wednesdays, Thursdays, Fridays and Sundays (Te Blues Coffee Club) at 158 Oxford Street, South Dunedin.

To find out more freephone 0508 396 678, email [steppingstones@psotago.org.nz](mailto:steppingstones@psotago.org.nz) or visit our website [psotago.org.nz/family-works](http://psotago.org.nz/family-works)



Club Enliven members enjoying activities at their Oxford Street premises

## The social good of community connections

Imagine this – your elderly parent lives on their own, has some independence, but there’s a risk of them becoming lonely due to being less mobile and unable to get out and about as much as they used to.

Our Club Enliven day programme has been developed for people to stay connected and have regular contact with other older people.

Run by trained staff and volunteers, Club Enliven offers a programme of activities for older people to come together, have a social outing and lessen the risk of social isolation and loneliness.

Many of our members are picked up by volunteer drivers (and returned home at the end of the day), although some have their own transport. Arriving in the morning, they’ll have morning tea, the day will be full of activities, lunch is then provided, and afternoon tea will wrap up the day. Activities include quizzes, crosswords, crafts, gentle exercises, music, indoor games and guest speakers.

Earlier this year, Club Enliven Dunedin members were invited to see the world through virtual reality

technology that gave them virtual tours of places around the world, including the Eiffel Tower in Paris, Machu Picchu in Peru and white sandy beaches in Jamaica.

Having the opportunity to make friends and being connected to other people is an important part of Club Enliven. Members feel a sense of belonging, and their mental wellbeing is nurtured. The programme also offers respite for members’ caregivers.

Club Enliven Dunedin moved into new premises in South Dunedin and are now enjoying a more spacious environment that is warm and inviting.

Club Enliven is run in Alexandra, Dunedin and Mosgiel, and is of great value to the community.

### Club Enliven

For more information about Club Enliven please contact us on 03 477 7115, email [enliven@psotago.org.nz](mailto:enliven@psotago.org.nz) or visit our website [psotago.org.nz/enliven](http://psotago.org.nz/enliven)



# Volunteer *voice*

When Joy and Murray ‘retired’ from Dunedin to Alexandra it wasn’t long before they were giving back to their local community by volunteering at Ranui care home and Club Enliven in Alexandra.

## How long have you been volunteering and what do you do?

**Joy:** I have been volunteering for six years. I help with morning tea, activities such as Housie, resident advocacy and any outings. Murray and I help at Club Enliven on Thursdays.

**Murray:** About three years. I help with the Men’s Group once a month. If residents are playing cards or Housie I will help with that and lend a hand where needed.

## How did you get involved?

**Joy:** A family friend was in the Ranui Activities team and mentioned the need for volunteers. A few years later Murray got involved too.

## What do you enjoy about volunteering?

**Joy:** I enjoy paying back the kindness my parents received when they were in care. Residents have a lot of interesting stories, so I listen and chat, it’s nice to see a smile and make a little difference in their day. A volunteer is someone different to talk to, someone who has time to give them.

**Murray:** I enjoy seeing how it benefits residents. For example, one lady struggled to keep her Housie board steady because of a tremor, so a magnetic board was organised to keep things in place. I have noticed a big change in her hand-eye coordination, her tremor has reduced and her confidence and independence has grown “in leaps and bounds”, making a difference in other areas like eating and drinking.

## How do like to spend your free time?

**Joy:** We like to get away to the Catlins. And, when we can, we support our grandchildren’s sporting activities.

**Murray:** I have on old car I’m working on and I do maintenance work on our 1970’s crib.

## What advice would you give a new volunteer?

**Joy:** Take your time, it can take a while to get to know the residents as everyone interacts differently.

**Murray:** Go with the flow, enjoy the funny stories and personalities.

## What staff and residents have to say about Joy and Murray

Staff member Lyn said, “they are an amazing couple to have on board. We just ring and they are here. The interaction Murray provides our Men’s Groups is invaluable. Joy is happy to give extra time, and our residents feel at ease with her. They both interact so well with our residents, I can’t speak highly enough of them.”



Murray and Joy Leach, volunteers at Ranui care home and Club Enliven

Across PSO our 650  
volunteers have gifted  
**66,896 hours**  
during the last year!

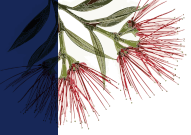


*Thank you!*

## Interested in learning more about volunteering?

If you would like to find out more about becoming a PSO volunteer, visit our website [psotago.org.nz/volunteer](http://psotago.org.nz/volunteer) or contact us on 03 477 7115





# Annual General Meeting

This year's AGM featured guest speaker leading social scientist, Distinguished Professor Emeritus Paul Spoonley, who spoke to the topic 'Going, Growing, Gone – The Changing Demography of Aotearoa New Zealand'.

Life membership was awarded to Julie Dawkins for an incredible 30 years volunteering with PSO.



Board Chair, Stephanie Pettigrew, with Professor Paul Spoonley and Robbie Moginie, Interim CEO

Life member Julie Dawkins with Jasmin Enright, Volunteer Programme Coordinator



# Buddy Programme creates Christmas Artwork

We have received some outstanding Christmas artwork from our very talented young buddies. The Buddy Programme really helps foster young people to grow their confidence and build their self esteem.

This programme is unfunded and relies completely on donations and grants to keep running. If you are interested in supporting the Buddy Programme please see the last page for ways to donate, or visit our website [psotago.org.nz/donate](http://psotago.org.nz/donate).



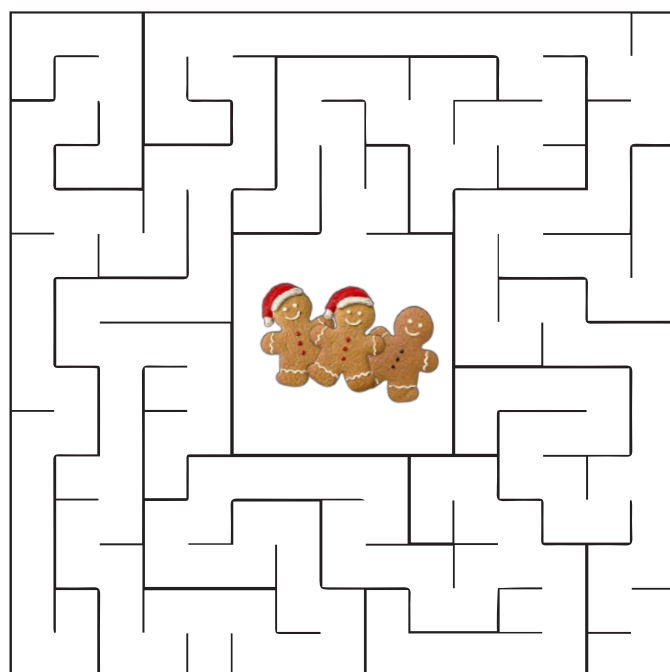
# CHRISTMAS WORD FIND

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|-----------|--------------|------------|
| BLESSINGS | FAMILY       | KIRIHIMETE |
| BUDDY     | FAMILY WORKS | LOCAL      |
| CHILDREN  | FRUIT        | SUMMER     |
| COMMUNITY | HELPING      | TAMARIKI   |
| CHRISTMAS | HOPE         | VOLUNTEERS |
| ENLIVEN   | JOY          | WHĀNAU     |

# CHRISTMAS MAZE

Help the gingerbread people find their way out of the maze!



169 Princes St,  
Dunedin

Monday to Friday  
10am – 5pm

Saturday  
10am – 4pm

[shoponcarroll.org.nz](http://shoponcarroll.org.nz)

When you purchase  
through us you  
support our local  
community.

## Wedding Extravaganza

Shop On Carroll hosted its second Wedding Extravaganza, an event that showcased vintage wedding dresses, jewellery displays and wedding accessories.

Teaming up with the Dunedin City Council's Slow Fashion September campaign, the shop was transformed with wedding displays, candle-making and vintage jewellery workshops, followed by a vintage wedding fashion show. Volunteer models walked through the shop, while MCs Lois Scott-Muir (PSO Ambassador) and Dr Margo Barton (from the School of Design at the Otago Polytechnic) provided insightful commentary on how the dresses could be transformed, upcycled and repurposed.

The event was a complete success with many people enjoying the day and the fun atmosphere in the shop. Events like these also help raise extra funds for our local social services, through ticket sales, shop sales and donations.



## The story of a donated kimono

A beautiful red silk Japanese kimono was recently donated to Shop on Carroll and the story of its origins is one of kindness and generosity.

The kimono was donated 20 years ago to Dunedin man, Adrian Telfer.

“Many years ago, we had a Japanese male student, Kazu Yamamoto, stay with us for a few weeks and he attended Kaikorai Valley College,” says Adrian.

While the trip was relatively short, it had a lasting impact on the student who came back to Dunedin 20 years ago with his wife, Yoshie.

“Kazu’s wife brought her wedding kimono and donated it to us. It was a wonderful and completely unexpected act of kindness. We’ve had the kimono since then.”

When Adrian heard about the Shop on Carroll Wedding Extravaganza, he saw it as the perfect opportunity to donate the kimono so that it could have a new life.

Retail Co-Manager, Fiona Dodds, was absolutely delighted to receive such a beautiful and unique garment.

“Because it’s made of silk, it’s value is high,”

says Fiona. “It was always going to be a special treasure for someone willing to spend quite a lot of money for it.”

Just a couple of days later the kimono was sold, purchased by Rikki Gibb who was immediately drawn to it.

“I was enamoured by the iridescent quality and bold colours and knew that I couldn’t leave without it,” says Rikki.

Being a regular customer at Shop on Carroll, Rikki is delighted to have the kimono to add to his ensemble of eclectic clothing.

“It will be stored safely until I create the full ensemble and have an event important enough for me to wear it.”

Funds raised at Shop on Carroll go directly into supporting our social services, so donations (and purchases) like these are of real value to the entire community.



# Notice Board



## St Andrews staff have recently had an independent audit – the results are very positive!

The auditor's report highlighted the positive interactions between staff and residents as well as their relatives. Specific mention was made of our St Andrews kitchen team – with the food being praised as “fantastic”, the kitchen “spotless” and our Food Service Manager described as “very knowledgeable”.

Our activities staff were mentioned in particular for their wonderful enthusiasm. Well done, team!



## Margaret Pearce retires after 24 years at Ross Home

We would like to congratulate Margaret on her retirement and thank her for the 24 years she spent as Manager of Ross Home. Experienced Clinical Manager Regan Gilchrist has stepped into the role of Interim Manager at Ross Home.



## Mihi whakatau for Enliven General Manager

We recently welcomed our new General Manager - Enliven Services, Michelle van Kampen, who comes to us with a wealth of experience in aged care and we are thrilled to have her join us! Michelle (fourth from left) was welcomed by (from left) Poutama Crossman-Nixon from Arai Te Uru Marae, Kerry Enright, Deputy Board Chair, Mani Malloy-Sharplin, Board member, Stephanie Pettigrew, Board Chair, and Interim CEO, Robbie Moginie.



## Staff getting into the spirit

Our Enliven staff getting into the spirit to celebrate Daffodil Day.



## Activities at Enliven

Residents really got involved in this year's Olympics by holding their own mini games!



*Blessings to you this Christmas.*

May the love of Christ fill your home and life.

# Connecting for Christmas

Christmas, celebrations, sharing gifts, eating too much. Jammed roads, full flights, the “to do” list gets longer by the minute, stress levels on a rapidly upward trajectory! Many of us get tired, cranky and look forward to the January holiday!

Why do we look forward to that break in January? Could it be it is only then we stop, relax, abandon the perfect meal, and the other Christmas essentials? We don the shorts and t-shirts, take time out, and connect with people.

Stopping, (in January or any other time) allows us to notice the world around us. Perhaps notice people who won't celebrate a fancy Christmas, a relaxing holiday, people who are disconnected from us, and our community.

The reasons for becoming disconnected are many and varied: ill health, unemployment, age, relationship break downs, or simply (and increasingly) not enough resources to be part of the “society” we move in.

Presbyterian Support Otago is here for such neighbours. Around Otago every day our teams walk alongside them, offering guidance, advocacy and support. It is not easy to seek help, to make oneself known, it takes courage to become no longer invisible but to be seen. How good is it then, to be heard and valued?

Christmas is hard for many; they may be alone or without the resources to provide a Christmas celebration like the ones we stress about. Thanks to many of you, we have resources to offer, providing choices for our clients. Our people are no longer invisible, no longer disconnected, but connected, known, and valued.

As are our residents in our Enliven care homes, where we encourage self-determination, offering help and support when needed. Our Enliven teams foster relationship building, with family-friendly spaces, outings, and fun events. Christmas will be celebrated well in our care homes, for sure.

As we celebrate Christmas, let's remember Jesus was born into very humble circumstances, no home, few resources, yet as an adult he changed the course of human history, offering all people the opportunity to experience hope, love and relationship. Encouraging us to know and love our neighbours.



Rev Karl Lamb with Joy Davis, PSO Community Relations Advisor, with boxes of goodies donated for Christmas by the Mornington Church community.

At PSO our vision is that every person is valued and grows in a safe, strong community.

In connected communities people belong, are respected, care for each other and our environment. Help is at hand and life is celebrated, may that be your experience too!

**We are always happy to speak to groups or help organise a Support Sunday for parishes. Please contact Joy Davis on 027 700 5590 or email [joy.davis@psotago.org.nz](mailto:joy.davis@psotago.org.nz)**





## Easy Christmas Cake

This recipe is enough for one large cake or two small cakes (as pictured above).

### INGREDIENTS

- 1 cup water
- 1kg dried mixed fruit
- 250g butter
- 1 tsp nutmeg
- 1 tsp ground cloves
- 1 tsp baking soda
- 1 tin of sweetened condensed milk
- 2 cups flour
- 1 tsp baking powder

### METHOD

Place water, dried mixed fruit, butter and spices into a large pot and bring to the boil.

Add condensed milk and baking soda then cool.

Add flour, baking powder and mix well.

Pour into a cake tin double-lined with baking paper, and bake at 150c degrees for approx. 1 - 1.5 hours or until cooked through.

This super easy Christmas cake recipe was given to us by Jo Sime, our Enliven Quality Advisor, who makes it for family and friends every year!

Why not try swapping the spices to your favourites? Try replacing the ground cloves with cinnamon or just use mixed spice for a slightly different flavour.

## Leaving a Gift in your Will

At Presbyterian Support Otago, we have been dedicated to nurturing and uplifting the lives of people in our community since 1906.

Each year, our Family Works team supports over 5,500 individuals, helping them create lasting, positive changes. Our programmes empower individuals and whānau to learn and share essential life skills in a supportive and safe environment that instills a sense of belonging and purpose.

A bequest is a meaningful way to express your values and extend your compassion beyond your lifetime. Together, we can make a lasting difference to the lives of Otago's most vulnerable.

If you would like to find out more about leaving a gift (bequest) to Presbyterian Support Otago, please contact:

**Olivia Willems**, Fundraising and Events Coordinator, phone: 03 470 0823 or email: [fundraising@psotago.org.nz](mailto:fundraising@psotago.org.nz)



## New Boiler for Iona

We are still in urgent need of funding for the new boiler at Iona care home in Oamaru. Iona has a long history of supporting the local community with quality care for older people, including rest home, hospital and dementia level care.

We would love your support, every little bit helps! For more information and to donate towards the new boiler please see our website [psotago.org.nz/get-involved/boiler](https://psotago.org.nz/get-involved/boiler) or contact:

**Olivia Willems**, Fundraising and Events Coordinator, phone: 03 470 0823 or email: [fundraising@psotago.org.nz](mailto:fundraising@psotago.org.nz)

# Give where you Live this Christmas

Donating to PSO is giving us the means to provide essential community services to vulnerable people, and often the need is heightened at this time of the year as we approach Christmas.

We work to support local people in Otago with emergency food parcels, help people take control of their debt through financial mentoring, support whānau and tamariki through parenting programmes and social work support. We work across agencies to help find the best outcomes for difficult issues like family harm, and advocate for those unable to do so for themselves.

The donations we receive are **only used for services in Otago**, they are not sent to other regions.

Visit [psotago.org.nz/donate](https://psotago.org.nz/donate) to make a donation or use the donation form at the back of this magazine.

Whatever you can give will help make a difference.

Thank you.

Funds raised  
in Otago,  
stay in Otago  
to help in  
our local  
communities



## Making a difference in Otago

During the last financial year we have helped make a difference to thousands of people across Otago. We couldn't provide this support without your help!

### Family Works

5,623 Family Works clients

26,974 Family Works client contacts

4,576 Food parcels supplied

244 Children who participated in Family Works programmes

### Enliven services

42,583 Meals on Wheels delivered

828 Residents in our care homes

160 Older people attending Club Enliven day programmes



Figures from 1 July 2023 - 30 June 2024



# Yes, I would like to help!

## How to return this form:

### POST

Fundraising Team,  
Presbyterian Support Otago,  
FREEPOST 845, PO Box 374,  
Dunedin 9054

### EMAIL

[fundraising@psotago.org.nz](mailto:fundraising@psotago.org.nz)

### PHONE

Contact us on 03 470 0823

I would like to donate

\$

Please use my gift for



Greatest Need



Foodbank



Family Works



Enliven Services

## Your Details

Name

Address

Phone

Email

**All donations are receipted.  
Gifts over \$5.00 are tax  
deductible.**

Presbyterian Support Otago is a charity registered under the Charities Act 2005, Charity Registration Number CC20878. The Privacy Act 1993 requires us to advise that we keep the names and contact details of our supporters on file to help with fundraising and event promotion. This information is only kept for this purpose. Please advise us if you do not wish your information to be stored. If you wish to check the details on your file, you are welcome to enquire.



## Donation options - it's easy to donate!



Donate via Credit / Debit Card

Card number

Name on card

Expiry date

CVC

Three digit code on back of card

Signature



One-off donation



Monthly donation

SUMMER 2024

## Other ways to donate

### Donate via Internet Banking

Account Name PSSO Account Number 06 0901 0005597 00

Ref: Your phone number Code: **DONATION-PM**

Particulars: Programme you would like to support eg. foodbank

For a receipt, please email us at [fundraising@psotago.org.nz](mailto:fundraising@psotago.org.nz)

### Donate Online via [psotago.org.nz/donate](https://psotago.org.nz/donate)

Use your credit or debit card to donate via our website.



**Phone banking** via your bank's services



**Call us on 03 470 0823** and we can process your credit or debit card donation over the phone



**Donate with your EFTPOS card:** Pop into our Dunedin Support Centre at 407 Moray Place



**Leaving a gift in your will:** Please call us on 03 470 0823 to find out more



# Presbyterian Support Otago



## Enliven Services

### Residential aged care homes

Ross Home, Dunedin  
St Andrews, Dunedin  
Taieri Court, Mosgiel  
Iona, Oamaru  
Holmdene, Balclutha  
Ranui, Alexandra  
Castlewood, Alexandra  
Elmslie House, Wanaka  
Aspiring Care, Wanaka

### Retirement Villages

Columba Court, Oamaru  
Wanaka Retirement Village  
Ranui Court, Alexandra

### Rental Cottages

Ross Home Cottages, Dunedin  
Iona Cottages, Oamaru

### Community based services for older people

Individualised Funding  
Club Enliven, Dunedin/Taieri/  
Alexandra  
Dementia Mate Wareware,  
Balclutha/Oamaru  
HomeShare, Alexandra  
Visiting Volunteers

## Family Works

Freephone 0508 396 678 for all services

### Social services

Community Foodbank  
Social Work  
Stepping Stones  
YouthGrow

### Financial & budgeting

EnergyMate  
Financial Mentors  
Money Mates

### Parenting, support and children's programmes

Buddy Programme  
Grandy's Group  
Growing Taller  
Incredible Years  
Strengthening Families

**833** STAFF

**650** VOLUNTEERS

To contact the editor please email [publications@psotago.org.nz](mailto:publications@psotago.org.nz)

# Becoming a regular donor makes a huge difference!

By donating a small amount every week or month, you can help us to:

- ✓ **Provide social services throughout Otago**, ensuring our teams can respond to whānau and individuals, including tamariki who need support or are affected by hardship
- ✓ **Achieve food security**, with regular donations our foodbank can continue to offer food and support to those who need it
- ✓ **Maximise financial independence** through our financial mentoring, money mates group and advocacy
- ✓ **Support older people in the community**, combating isolation and loneliness through Visiting Volunteers and our day programmes Club Enliven and Dementia Mate Wareware



# SHOP ON CARROLL

## CHARITY SHOP

169 Princes St, Dunedin  
Monday to Friday 10 – 5  
Saturday 10 – 4

Shop online at  
[shoponcarroll.org.nz](http://shoponcarroll.org.nz)

*Profits from our retail shop go towards Presbyterian Support Otago's community services.*

If you would like more information about becoming a regular donor, please visit our website [psotago.org.nz/donate](http://psotago.org.nz/donate) or call Olivia Willems on 03 470 0823 or email [fundraising@psotago.org.nz](mailto:fundraising@psotago.org.nz).

**88%** of clients say they learnt useful new skills/strategies

*In our most recent Family Works client satisfaction survey*