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AND SHARE

WINTER 2025



Presbyterian Support
Otago

People

HELPING PEOPLE

In this edition:

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Programme

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Making a
difference in
Otago

The magazine
for friends and
supporters of
Presbyterian
Support Otago

OUR
SERVICES

enliven
PRESBYTERIAN SUPPORT OTAGO

Family
Works
PRESBYTERIAN SUPPORT
OTAGO



Message from Robbie

As winter settles in across Otago, I continue to be humbled by the extraordinary spirit of our community. Time and again, the people of Otago step up and into the gaps – responding not only with resilience, but with solidarity, generosity, and heart.

This issue of our newsletter features one such inspiring moment: our Runway Revival fundraiser. Thanks to the creativity of young designers, the passion of our volunteers, and the incredible generosity of local businesses and attendees, this event raised almost \$30,000 for essential services supporting children and families right here in Otago. It was a brilliant reminder that when community and creativity come together, lives are changed.

We encourage people to give where you live, and make your donation count for your local community. When you donate to us, every dollar we receive stays in Otago, strengthening the support we can offer to people in need through social services, family support, aged care, and more. This isn't just about donations – it's about connection. It's about Otago people looking after Otago people.

That spirit is especially alive in our foodbank efforts. The generous donation of groceries and fresh produce from Eveline Church parishioners is just one recent example of how everyday acts of kindness are making a real difference. And with winter hardship deepening, our annual Octacan foodbank appeal on 19th June couldn't be more important. Every can donated helps feed a vulnerable family – and every person who donates is part of a movement of care that stretches across our region.

To our donors, staff, and volunteers: thank you. Your support is the reason we can keep showing up, no matter the weather. Together, we are building a stronger Otago, one act of kindness at a time.

Stay warm and stay connected,

Ngā mihi

Robbie Moginie,
CEO, Presbyterian Support Otago

A Warm Welcome to Nicole Devereux – New General Manager of Family Works



We're delighted to welcome Nicole Devereux to the Presbyterian Support Otago whānau as the General Manager of Family Works.

Nicole brings with her not just a wealth of experience, but a genuine passion for people and community. With a strong background in leadership roles at the Ministry of Social Development, New Zealand Police and Oranga Tamariki, Nicole has long been a champion for whānau, tamariki, and rangatahi. Her in-depth knowledge of the social services landscape, paired with her compassionate leadership style, makes her a wonderful fit for the Family Works team.

"I am honoured to join Presbyterian Support Otago and lead Family Works" shared Nicole. "I look forward to working alongside a dedicated team to enhance the services and support available to tamariki, whānau, and communities across the region. Together, we can continue to make a meaningful difference in the lives of those we serve."

Nau mai, haere mai, Nicole — we're so glad to have you with us.

A Grandmother's love

When Brenda first heard about Grandy's Group, it was her friend who put her onto it. "She told me about it and said I should come along".

Brenda has been raising her three grandchildren (now aged 13, 11 and 10) for most of their lives. They're her daughter's children, and she's had them in her care since they were very young. Her daughter had some struggles but had worked hard to overcome them when eight years ago she tragically passed away in a car crash. Their dad had been absent from the picture for just as long, leaving Brenda as the rock for her girls. "It's been hard," she says simply, "But so worth it!"

When Brenda started coming to Grandy's Group, she found a support network that understood how she felt and could share in what she was going through. The Grandy's Group is a place where people can chat and laugh and learn "we are all going through the same issues and others can always help".

Raising grandchildren is a different world from raising your own kids Brenda says. "Life is different. Now, there's the internet/social media – I want to keep them safe."

Still, there are shining moments that make everything worthwhile. "Watching them grow up," she says with a smile. "It's hard, but it's worth every bit of it." The most difficult part, unsurprisingly, has been the grief—their grief, and her own. "They have anger over losing their mum. It's tough. But the children have helped me too."

Her advice to others in a similar position? "Come to the group. Talk about your problems. Get support. We spend two hours talking, laughing... others can always help. The ladies who run it are brilliant, always happy to help. You make good friendships and contacts."



Brenda, grandmother and member of Grandy's Group

Grandy's Group

Grandy's Group meets monthly on a Friday and is a safe space for grandparents to share experiences, navigate parenting again, find guidance in an ever-changing world.

Being a grandparent is a gift but stepping into the role of full-time caregiver for grandchildren (at times at little notice), brings unique challenges – both rewarding and demanding. That's why Grandy's Group was created: a warm and understanding support group tailored specifically for grandparents raising their grandchildren.

For more information about attending Grandy's Group please call our freephone 0508 396 678 or if you would like to support this unfunded service, please see the last page of this magazine or visit our website psotago.org.nz/donate



Rafts on the water at Karitane

Raft Races and Big Smiles at Karitane with Buddy Programme

Recently our Buddies came together for an unforgettable day out in Karitane, where their creativity and teamwork were put to the test during a raft-building challenge! Young and Adult Buddies worked together to build rafts, racing a team of enthusiastic locals to see who would succeed on the water.

Armed with various objects that have the potential to float, rope, poles, and plenty of determination, the Buddy teams constructed their rafts, which were surprisingly seaworthy! Once launched, the real excitement began as young and old worked together to paddle out into the water — resulting in plenty of splashing, cheering, and pride at their creations.

“The energy was amazing,” said Jo Scott, East Otago Buddy Coordinator, “you could see how proud the Young Buddies were to work alongside their Adult Buddies, and taking on the local teams added to the fun!”

But the day was about more than just racing, it was an opportunity for young people to grow through new experiences — building confidence, developing teamwork skills and connecting with other children within the programme and the wider community is a major win!

Since the programme began in 1992, hundreds of children across Otago have benefitted from

the special mentoring friendship of having an Adult Buddy. And it’s not just about the children either, the Adult Buddies find volunteering very rewarding. “I can already see changes [in my Young Buddy] and an increase in confidence. I get so much out of this too - I’m just so proud of him,” commented one of our Adult Buddies.

The Karitane raft race was a shining example of the Buddy Programme in action: fun, friendship, and a whole lot of heart. Whether they won the race or not, each Buddy left with stronger connections, huge smiles, and memories that will last long after the waves settled.

Get involved with the Buddy Programme

If you are interested in volunteering with our Buddy Programme, please get in touch, we would love to hear from you! Call us on freephone 0508 396 678 or email buddy@psotago.org.nz

The Buddy Programme is a completely unfunded programme, and relies on grants and donations to continue. If you would like to support this programme please see the end of this magazine or visit our website to donate online psotago.org.nz/donate.



Sarah Davis alongside REthinking Waste podcast hosts Leisa de Klerk and Rob Riddell Tigair

Reusable bags for the Foodbank

One of our amazing social workers, Sarah Davis, has been getting creative with reducing waste and rethinking recycling at our busy Dunedin foodbank. Recently, Sarah was featured on the Rethinking Waste podcast on OAR FM, where she spoke about her work with Family Works, the foodbank, and our efforts to cut down on waste. You can listen to the episode on their website: oar.org.nz/shows/rethinking-waste

Sarah is the driving force behind a brilliant new initiative inviting volunteers to sew reusable food bags for the foodbank. These bags are made from upcycled curtain fabric that can no longer be used for its original purpose – kindly donated to us by the Dunedin Curtain Bank (although any sturdy, thick fabric can be used).

With demand for emergency food parcels on the rise, we've been relying on single-use bags, which are flimsy and contribute to environmental waste. That's where the sturdy reusable bags come in, not only do they help people who are in need of food parcels, they also support a more sustainable future.

Want to help?

If you love to sew – or want to learn – we'd love your help! Visit our website psotago.org.nz/get-involved to find out how to get involved.

Every bag you sew supports a family, reduces waste, and makes a real impact on both our community and the environment.

Photo from previous year's Octacan

Octacan – Winter at the Foodbank

We are seeing a growing number of people seeking help from our foodbank. From 1 January to 30 April we have given out 1,619 emergency food parcels to those in need of help. This number continues to increase, year on year, and represents approximately 68,000 items of food!

Octacan is our major winter foodbank drive and supports many local people through the colder months. This year we are holding Octacan on Thursday 19 June, as we look forward to Matariki – the Māori New Year.

We would love for you to get involved! You can donate cans on the day, or if you donate online we can purchase what the foodbank needs the most on your behalf! For more information visit our website octacan.org.nz

Our annual foodbank can drive

Kai for
OCTACAN

Thursday 19 June, 7.30am – 2pm
Lower Octagon

Bring along your cans
for the foodbank or
donate online!

octacan.org.nz



RUNWAY REVIVAL 2025

A Night of Style, Sustainability & Community

What a night! On Thursday, 3rd April 2025, Runway Revival: Wear to Care Fundraiser Fashion Show transformed Dunedin City Motors into a glittering celebration of fashion with purpose. From the red carpet to the runway, guests experienced an unforgettable evening where sustainability and style came together in spectacular harmony.

In proud partnership with the iD Dunedin Fashion Week 2025, this sold-out fundraiser showcased the brilliance of upcycled creations, with designers unveiling bold, re-imagined fashion.

Beyond the glamour, Runway Revival had a powerful purpose – raising vital funds for Presbyterian Support Otago, including Dunedin's busiest foodbank and essential children's programmes. Thanks to every guest, bidder, and volunteer, fashion truly became a force for good. Thank you also to the organising committee who did an incredible job putting the show together!

A highlight of the evening was the Wear to Care competition winners, and wow—what talent! The judges had an incredibly hard decision with so many incredible entries lighting up the runway.

A massive round of applause to all our amazing entrants, and a very special congratulations to Hazel Evans for winning the top honour with her denim revival styles. Second place went to Laurabelle Voight, and third to Liz Manson. We are so proud of these talented individuals and all the designers who brought their creativity and heart to the stage.

The show was an outstanding success with almost \$30,000 raised for the Family Works Foodbank and Children's Programmes. Many of our programmes are completely unfunded, and rely on the generosity of donations and grants to run, so this is a huge help for our services.

And of course, none of this would have been possible without our incredible sponsors. A huge thank you to each and every one of you for your generosity and belief in this vision! Your contributions helped turn a vision into reality, and your support ensures real impact in our community.

To everyone who dressed up, showed up, and shared in the spirit of Runway Revival 2025—thank you. This is just the beginning. Let's keep making fashion fabulous and meaningful.

Event photos courtesy of Jonathan Adlem





Hazel Evans, with her winning design in denim.





PSO Clinical Nurse Advisor Lynley Chirnside recognised in Southern Nursing Excellence Awards

We are proud to share that Lynley Chirnside, our Enliven Clinical Nurse Advisor, has been recognised at the Southern Nursing Excellence Awards 2025. Lynley received the prestigious Nursing Leadership Award and was also a finalist in the Quality Improvement & Innovative Practice category.

Also recognised at the awards was Ross Home's Danjah Basalo, who was a finalist in the Clinical Excellence in Nursing Care category.

These awards honour nurses and nurse practitioners who "stand out" and make a real difference in their field. This recognition is a well-deserved acknowledgment of the commitment and dedication that both Lynley and Danjah show every day in caring for our residents.

Lynley is widely respected by her peers – both within PSO and throughout the wider aged residential care sector. As a best-practice teacher and practitioner, she generously shares her research-based nursing knowledge in a warm and supportive manner. Lynley leads and supports clinical staff across our nine care homes, oversees research across multiple clinical areas, and consistently embodies the Enliven values of Contribution, Respect, Security, Activity, Choice, and Relationship in all that she does.

She was nominated in four award categories:

- Clinical Excellence
- Nursing Education
- Quality Improvement & Innovative Practice (Finalist)
- Nursing Leadership (Awarded)

Nursing Leadership: Lynley actively leads and supports staff across all nine of our aged care facilities. She regularly goes above and beyond to respond to queries from across the organisation and proactively checks in with homes where she identifies a need for extra support.

Danjah is a Registered Nurse who has been a valued part of the Ross Home clinical team since 2013 supporting residents, primarily, in hospital level care. She is a great mentor to the clinical and care team and is highly valued and respected by staff and residents alike.

The awards ceremony took place on 12 May, and we are extremely proud of both Lynley and Danjah for this well-earned recognition. We are delighted to have such a high-calibre nursing leader – and passionate, dedicated care professionals – on the PSO team.



Residents love getting involved!

Our residents love getting involved in everyday activities, especially those that bring back fond memories of home and family life.

Recently, residents at Iona had the pleasure of visiting the beautiful Elderslie Estate in Windsor, near Oamaru. Bev Rodwell, the estate's owner and a previous member of the PSO Board, joined us in the van and gave everyone a fascinating guided tour and talk about the estate's rich history.

As we were arriving, residents had noticed a lovely old apple tree laden with fruit. Bev kindly offered us a large bag of apples to take home for baking, a gesture that was warmly appreciated.

The next morning, some of our amazing residents rolled up their sleeves and got to work, peeling and slicing, to create a delicious apple crumble.

These crumbles were shared with the Argyll residents in the dining room, bringing everyone together to enjoy a delicious treat!

There was lots of laughter and reminiscing about the days when they baked for their families. It's these simple, familiar moments that make Iona truly feel like home for our residents, creating connection, purpose, and joy in everyday life.



Easy Apple Crumble

Ingredients filling

- 6-7 apples, peeled, cored, sliced/diced
- 3 tablespoons brown sugar
- 2 teaspoons flour
- 2 tablespoons water
- 1/2 teaspoon ground cinnamon

For topping

- 3/4 cup flour
- 3/4 cup rolled oats
- 1/2 cup brown sugar
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon salt
- 120 grams butter/margarine, cold, cubed

Method

Preheat the oven to 190°C

Filling: Place apples into a medium bowl, add brown sugar, water and cinnamon and mix to coat the apples.

Transfer into baking dish, approx 20-23cm round, at least 5 cm deep and press apples down flat so no gaps remain.

Topping: In a medium bowl combine flour, rolled oats, brown sugar, cinnamon and salt and mix.

Add the cubed butter/margarine and rub with your fingers until it forms moist breadcrumbs, shaking the bowl to bring larger pieces of butter to the top and rubbing it all in as much as possible, a few lumps is ok.

Spread the topping evenly over the fruit.

Bake in the oven for at least 30 minutes or until the topping is a lovely golden brown and you can hear the fruit below sizzling.

This easy crumble can be re-heated or frozen for another day.

CELEBRATING HOLMDENE

60 Years of Care in the Heart of Balclutha

In June 2025, Holmdene proudly celebrates it's 60th year of supporting the Balclutha community with compassion, dignity, and exceptional care.

Officially opened on 27 June 1965, Holmdene was founded thanks to the generosity of the local community. Recognising the need for aged care services, Howard Dunn and his wife gifted a house and section—formerly owned by Howard's parents—to Presbyterian Support Otago (then known as Presbyterian Support Service Association). The community then stepped in to raise a further £5,000 to meet the shortfall in government funding needed for alterations, furniture and fittings.

In the early years, Holmdene was home to just eight women. One of the early residents was Mrs. Maxwell, who lived to be 103 years, and was remembered for beginning each day singing "Tell Me the Old, Old Story."

Now in its 60th year, Holmdene has grown into a modern care home offering rest home and hospital-level care for 35 residents. It has undergone two major redevelopments, the most recent in 1999, both driven by the need in the community and supported through the generosity of locals.

Today, Holmdene is supported by a dedicated team of staff and volunteers who create a warm, friendly and inclusive environment focused on resident wellbeing. The home ensures friends and whānau are always welcome, and a wide range of activities help residents stay engaged and connected with their community.

Recently our local volunteers helped the residents enjoy a special outing to the Kaitangata Dahlia Gardens, home to over 4,500 stunning blooms. "Surrounded by birdsong from tūis and bellbirds, we shared stories and afternoon tea in the peaceful gardens," said Stacey, Holmdene's Activity Coordinator.

As a vital part of the Balclutha Community, Holmdene would love your support. Whether you would like to volunteer to help with our resident activities, or give funds for extra support to the residents (enabling us to purchase new equipment to improve their wellbeing) we would be incredibly grateful.

For more details on how you can get involved please see our website psotago.org.nz/get-involved or call Stephenie Leith, Holmdene Manager on (03) 418 1468. Thank you!



Top photos: Holmdene buildings and entrance, bottom photos: residents at the Dahlia Gardens

KAREN MEHALSKI

VOLUNTEER *voice*

What inspired you to start volunteering at Holmdene?

I was the Manager of Enliven St Andrews in South Dunedin for many years. After finishing there I offered to help Steph Leith, Holmdene Manager, during the change at Holmdene from rest home to accepting hospital level care requiring RN's 24 hours a day. It was an absolute highlight and a privilege to finish my career in that role.

What do you do?

I am a passionate volunteer and have volunteered at Holmdene for 12-13 years. I retired from nursing one day, and pretty much came back the next as a volunteer.

I mostly do 1:1 with individuals. I have a social work background and I try to get to know the residents and acknowledge the transition from independent living to supported rest home care. It can be a tricky time for people who have lived such full and independent lives. I also help with the activities.

What is the most popular thing for the residents?

With Steph's support, I started a music and singing session every Friday afternoon. We begin with an entertainer from the country music club, followed by happy hour and a sing along with the residents led by three volunteers, one of whom is Steph's sister, Christine. We are grateful for the amazing support offered by the local country music club.

How do the activities supported by volunteers help the residents?

I also help Stacey, Holmdene's brilliant activities person, with a reminiscing group. It starts with a question or a theme, like remembering school days, and it takes on a life of its own. Conversation sparks new memories. Mostly happy and some sad, but always in such a supportive group. It is very cathartic.

Do you do anything else as part of your volunteer role?

I also get to go to the residents meetings as an advocate. My nursing and social work training helps. As does the underlying PSO Enliven philosophy of supporting residents to independently live their life.

Working with older people is the most satisfying job I've ever had, even after a career in nursing and health management. Helping the residents live their best lives and getting to know the staff and relatives is wonderful.

How much time do you give?

I'm at Holmdene three times a week, sometimes more. When I leave there and walk home, I have such an endorphin high – the residents are doing as much to help me as I help them!



We are incredibly lucky to have amazing volunteers truly making a difference in the lives of our residents.

Karen Mehalski volunteers at Holmdene in Balclutha and brings with her a wealth of knowledge, care and commitment. Thank you Karen for all that you do!

Across PSO our 650 volunteers have gifted

66,896 hours

during the last year!

Thank you!

Interested in learning more about volunteering?

If you would like to find out more about becoming a PSO volunteer, visit our website psotago.org.nz/volunteer or contact us on 03 477 7115

Notice Board



Thanks to fundraising efforts of the Iona Activities team, our residents now have bright and colourful new outdoor chair swabs!

The old ones had become faded and torn, but residents are very pleased with the new, thicker cushions, which are much more comfortable.



The Stepping Stones whānau recently returned from their annual camp in Central Otago. For some it was a trip to familiar places for others in the group it was their first time visiting.

Camps provides great opportunity to build wellbeing and resilience by strengthening relationships, challenging limits and having fun!



We are thrilled that the partnership between our YouthGrow programme and the Flagstaff Community Church has been continued after our first successful 18 months.

The Flagstaff Community Church have opened up their hearts, space and doors for the YouthGrow team and rangatahi attending the programme.



Residents at Holmdene were treated to a visit from a miniature pony recently - what a wonderful animal to visit our home! The pony was brought in by Marlene, one of the amazing volunteers at Hone Hato St Johns, who visits Holmdene regularly.

The team at New World Gardens and New World Centre City in Dunedin are working with our foodbank for their Family2Family campaign, making sure donations from their stores stay right here in our community.

Thank you so much to staff and shoppers for their amazing support!





Joy Davis, Community Relations Advisor, and Ruth Wilson, Development & Engagement Manager

Community Connections

Joy Davis was recently joined by Ruth Wilson for one of our Support Sundays. This is an initiative where we connect with church communities across Otago, which offers a valuable opportunity to meet parishioners and learn about what's happening in each local area.

"It is so good to celebrate together, the impact we are having, what the successes are and to talk about where any needs may be," shared Joy. "These are local people meeting local needs, and it is a great recipe for permanent positive change and we love being part of that."

It was an honour to visit Eveline Presbyterian Church as I began in my role of Development and Engagement Manager. What an encouraging experience to meet a church community so intentionally engaged in their wider community.

They were celebrating Harvest Sunday, and I watched as people arrived with arms full of groceries and freshly grown produce. These gifts were laid out at the front of the church, and following the service, were carefully packed into boxes for families supported by our Family Works Oamaru team.

Eveline Presbyterian Church is one of many churches, individuals, organisations, and businesses who join with us in bringing hope and support to our communities.

Ruth Wilson,
Development & Engagement Manager.

Support Sundays coming up:

29 Jun	Mosgiel North Taieri Presbyterian Parish
20 Jul	Coastal Unity Parish, Green Island
10 Aug	Palmerston/Dunback Presbyterian Parish
24 Aug	St Philip's Church, Grants Braes
28 Sep	Waikouaiti/Karitane Presbyterian Church
5 Oct	Upper Clutha Presbyterian Parish, Lake Hawea

Leaving a Gift in your Will – a lasting legacy

Leaving a gift in your Will is an incredible way of showing you care for your community and the people in it, well into the future.

Future bequestor Mark wanted to share his success and because he cares deeply for tamariki and whānau, he has decided to give something back.

"I want children to be able to grow up in a safe community. I admire the work that PSO does and knowing my bequest will support children, families and the elderly in the community makes me feel very happy!"

There are different ways to support PSO in your Will:

- A nominated percentage of your total estate.
- A residual gift – after providing for your family, you can nominate that you want to leave part of what's left of your estate to PSO.
- A specific gift/amount of money, real estate or any consideration.

If you would like to find out more about leaving a gift (bequest) to Presbyterian Support Otago, please contact:

Ruth Wilson
Development & Engagement Manager
Phone: 027 700 1342
Email: ruth.wilson@psotago.org.nz



give
where
you
live

Funds raised
in Otago,
stay in Otago
to help in
our local
communities

Donating to PSO is giving us the means to provide essential community services to thousands of people within Otago.

We work to support local people with emergency food parcels, help people take control of their debt through financial mentoring, support whānau and tamariki through parenting and children's programmes, as well as social work support. We work across agencies to help find the best outcomes for difficult issues like family harm, and advocate for those unable to do so for themselves.

We deliver services throughout Otago, including: Dunedin, Balclutha, Oamaru, Palmerston, Ranfurly, Alexandra, Cromwell, Wānaka and Queenstown.

The donations we receive are **only used for services in Otago**, they are not sent to other regions.

Visit psotago.org.nz/donate to make a donation or use the donation form on the page opposite.

Whatever you can give will help make a difference.

We couldn't provide this support without you!

Family Works Foodbank

From 1 January to 30 April
2025 we have given out:

1,619
Emergency
Food Parcels

Which continues to increase
from last year and represents
approximately

68,000
items of
food!

How to return this form:

POST

Fundraising Team,
Presbyterian Support Otago,
FREEPOST 845, PO Box 374,
Dunedin 9054

EMAIL

fundraising@psotago.org.nz

PHONE

Contact us on 03 477 7115

**All donations are
receipted. Gifts over
\$5.00 are tax deductible.**

Presbyterian Support Otago is a charity registered under the Charities Act 2005, Charity Registration Number CC20878. The Privacy Act 1993 requires us to advise that we keep the names and contact details of our supporters on file to help with fundraising and event promotion. This information is only kept for this purpose. Please advise us if you do not wish your information to be stored. If you wish to check the details on your file, you are welcome to enquire.

Yes, I would like to help!

I would like to donate

\$

Please use my gift for



Greatest Need



Foodbank



Family Works



Your Details

Name

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Phone

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Donation options - it's easy to donate!



Donate via Credit / Debit Card

Card number

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Name on card

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CVC

Three digit code on back of card

Signature

--



One-off donation



Monthly donation

WINTER 2025

Other ways to donate

Donate via Internet Banking

Account Name PSSO Account Number 06 0901 0005597 00

Ref: Your phone number Code: **DONATION-PM**

Particulars: Programme you would like to support eg. foodbank

For a receipt, please email us at fundraising@psotago.org.nz

Donate Online via psotago.org.nz/donate

Use your credit or debit card to donate
via our website.



Phone banking via your bank's services



Call us on 03 477 7115 and we can process your credit or debit card donation over the phone



Donate with your EFTPOS card:

Pop into our Dunedin Support Centre at 407 Moray Place



Leaving a gift in your will:

Please call Ruth Wilson on 027 700 1342 to find out more

Presbyterian Support Otago

Enliven Services

Residential aged care homes

Ross Home, Dunedin
St Andrews, Dunedin
Taieri Court, Mosgiel
Iona, Oamaru
Holmdene, Balclutha
Ranui, Alexandra
Castlewood, Alexandra
Elmslie House, Wanaka
Aspiring Care, Wanaka

Retirement Villages

Columba Court, Oamaru
Wanaka Retirement Village
Ranui Court, Alexandra

Rental Cottages

Ross Home Cottages, Dunedin
Iona Cottages, Oamaru

Community based services for older people

Individualised Funding
Club Enliven, Dunedin/
Taieri/Alexandra
Dementia Mate Wareware
HomeShare, Balclutha/
Oamaru/Dunedin
HomeShare, Alexandra
Visiting Volunteers

Family Works

Freephone 0508 396 678 for all services

Social services

Community Foodbank
Social Work
Stepping Stones
YouthGrow

Financial & budgeting

EnergyMate
Financial Mentors
Money Mates

Parenting, support and children's programmes

Buddy Programme
Grandy's Group
Growing Taller
Incredible Years
Strengthening Families

760 STAFF

650 VOLUNTEERS

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Saturday & Sunday 10 – 4

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To contact the editor please email publications@psotago.org.nz



Regular donors make a big difference

By donating a small amount every week or month, you can help us to:

- ✓ **Provide social services throughout Otago**, ensuring our teams can respond to whānau and individuals, including tamariki who need support or are affected by hardship
- ✓ **Food security**, with regular donations our foodbank can continue to offer food and support to those who urgently need it
- ✓ **Maximise financial independence** through our financial mentoring, money mates group and advocacy
- ✓ **Support older people in the community**, combating isolation and loneliness through Visiting Volunteers and our day programmes Club Enliven and Dementia Mate Wareware

For more information about becoming a regular donor, please call us on 477 7115, visit psotago.org.nz/donate or email fundraising@psotago.org.nz

88%

of clients say they learnt useful new skills/strategies

In our most recent Family Works client satisfaction survey